



AKARALI STAYCOOL



PRESENTED BY

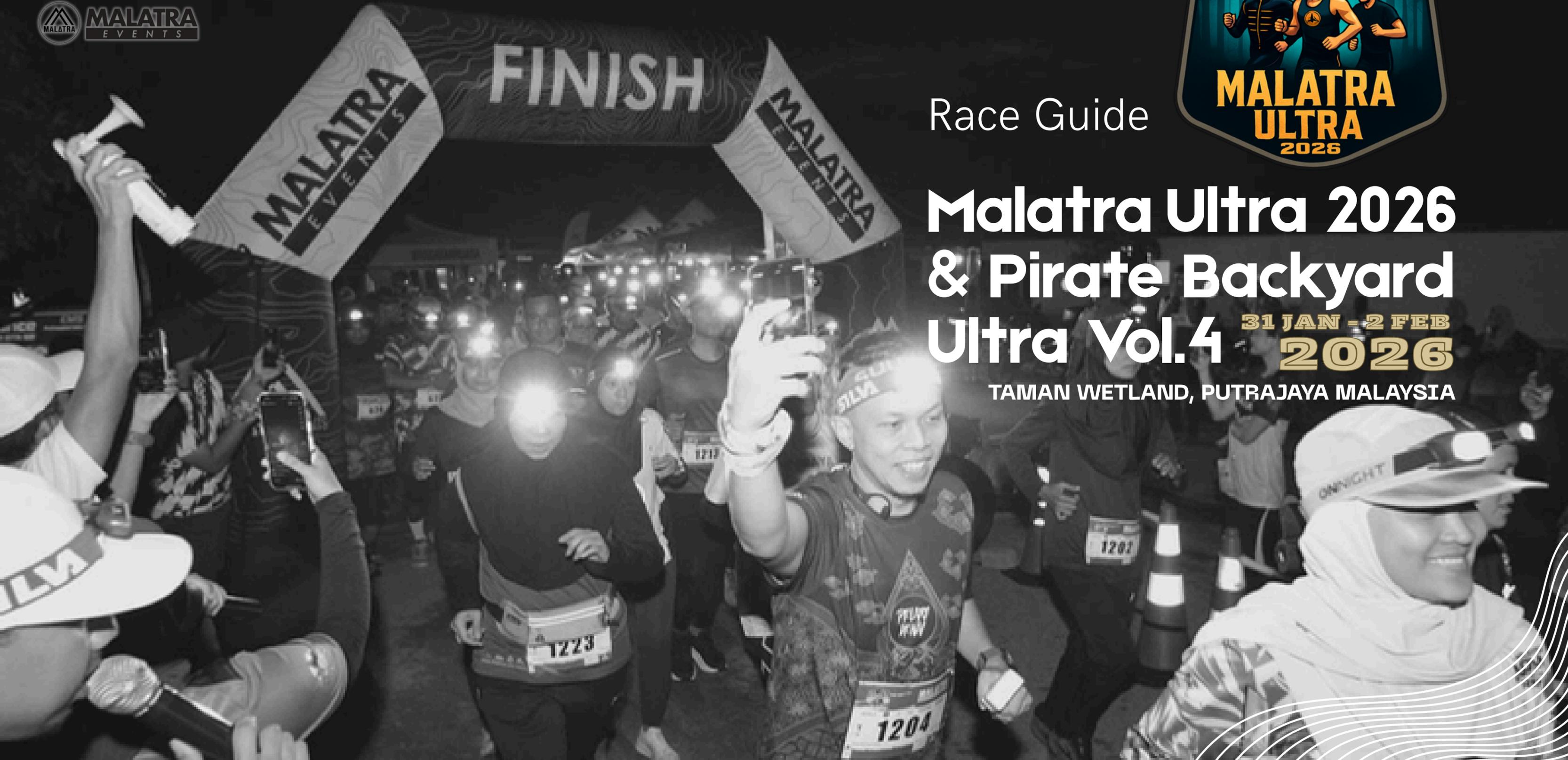


Race Guide

Malatra Ultra 2026 & Pirate Backyard Ultra Vol.4

31 JAN - 2 FEB
2026

TAMAN WETLAND, PUTRAJAYA MALAYSIA



Race Info

DATE:

31st Jan – 2 Feb 2026.

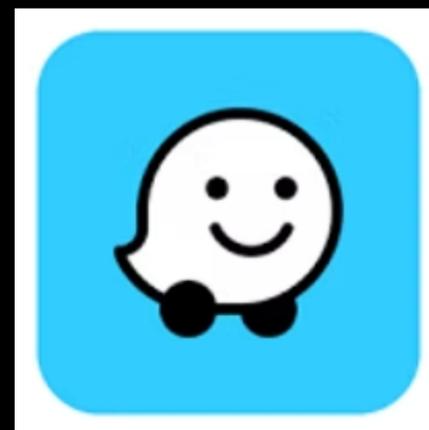
(Saturday – Monday).

START/FINISH:

Pusat Aktiviti Luar, Padang Semarak,
Taman Wetland Putrajaya. Precint 13,
PUTRAJAYA

WAZE / Google Map -

Pusat Aktiviti Luar Taman Wetland.



Race Categories & Schedules

200 KM	
START	FINISH
8:00 AM, 31st Jan	8:00 AM, 2nd Feb
COT	LOOPS
48 HOURS	40
160 KM	
START	FINISH
8:00 PM, 31st Jan 2026	8:00 AM, 2nd Feb
COT	LOOPS
36 HOURS	32
100KM	
START	FINISH
8:00 AM, 1st Feb	8:00 AM, 2nd Feb
COT	LOOPS
24 HOURS	20

50KM	
START	FINISH
8:00 PM, 1st Feb	8:00 AM, 2nd Feb
COT	LOOPS
12 HOURS	10
25KM	
START	FINISH
8:00 PM, 1st Feb	2:00 AM, 2nd Feb
COT	LOOPS
6 HOURS	5
5KM	
START	FINISH
7:00 AM, 1st Feb	9:00 AM, 1st Feb
COT	LOOPS
2 HOURS	1

START	FINISH
7:00 AM, 31st Jan	Only god knows
ALLOCATED TIME	MIN DISTANCE
-	6.7km loop



Race Entry Pack Collection (REPC)

30th Jan 2026 (Fri)
Race Venue

Start from 5 PM or two
hour before respective
categories flag off

What to Bring:

Please bring your IC, passport, or valid identification for race pack collection.

- In addition, please print out the "Indemnity Form" and sign the form to collect your bib.
- You can also appoint another person to collect REPC on your behalf.
- Please download the form from this website.
- If you fail to bring the Indemnity Form, there will be a minimum charge (RM1.00) for a copy of the form.
- NO INDEMNITY FORM, AND NO BIB WILL BE ISSUED.
- Participants also need to show mandatory items (Headlamp & blinkers) before collecting the bib (Exception for 5km participants).

REPC on behalf

- The Participant shall appoint a Representative to collect his/her Race Entry Pack on behalf of him/her and shall print out, fill in and sign Authorization Letter and Indemnity Form, and pass it to his/her Representative.
- The Representative shall bring the printed copy of the:
 1. Authorisation Letter and Indemnity Form (filled and signed)
 2. Race Confirmation Slip (digital copy accepted)
 3. Photocopy of Participant's MyKad/passport (digital copy accepted)





DATE:
30 JAN – 1 FEB 2026

VENUE:
**PUSAT AKTIVITI LUAR,
PADANG SEMARAK,
TAMAN WETLAND
PUTRAJAYA.**

TIME:
**AT LEAST 2 HOURS BEFORE
FLAG-OFF**



Self-Collection
Kindly be reminded to bring your
confirmation slip/passport/NRIC
for verification

Collection on behalf
• Kindly bring registration details
(confirmation slip/copy of
NRIC/passport) screen shot copy
accepted.

Bring your printed forms and
signed (collection on behalf).

download all forms here
www.malatraevents.com

REPC

Bib Transfer

BIB TRANSFER (ONLY DURING REPC)

- Please download and complete the ***Bib Transfer Form*** available at the Malatra Official website (www.malatraevents.com)
- Kindly bring the registration slip and a copy of the registered participant's IC, along with the signed Indemnity Form for the new runner.
- The bib transfer processing fee is RM50.
- No downgrade or upgrade of categories allowed during REPC.**





- Please park at designated parking lots. If the parking lots are full, please park **ONLY** on one side of the road.
- Please follow our crew instructions to park your vehicles so as not to block the running route.
- Please do not leave your valuables in your vehicles; we will not be responsible for any losses during the race.



Bag Deposit

The bag deposit will be open at 6 AM on race day. Please use your own bag, clearly tagged with your name and bib number for safety.



Podium Prizes

- There are no cash prizes for this event.
- Podium trophies, top 10 in each category (MO, MV, WO & WV)



FLAG OFF SCHEDULE



31.01.2026 (SAT)

7 AM

200KM

8 AM

160KM

8 PM

01.02.2026 (SUN)

5KM

7 AM

100KM

8 AM

25KM

8 PM

50KM

8 PM



Event Day Schedule



30 JAN 2026 (FRI)	
5:00 PM	REPC Venue: TAMAN WETLAND, PUTRAJAYA.
31 JAN 2026 (SAT)	
6:30 AM	Race Briefing For Pirate Backyard Ultra
7:00 AM	Race Start PIRATE BACKYARD ULTRA
8:00 AM	Race Start 200 KM
8:00 PM	Race Start 160KM

1 FEB 2026 (SUN)	
7:00 AM	Race Start 5KM
8:00 AM	Race Start 100KM
9:00 AM	RACE FINISH 5KM
8:00 PM	RACE START 25KM & 50KM

2 FEB 2026 (MON)	
2:00 AM	RACE FINISH 25KM
2:15 AM	Award Ceremony 25KM
8:00 AM	RACE FINISH 200KM, 160KM, 100KM, 50KM
8:30 AM	AWARD CEREMONY

Facilities Available

The venue includes toilets, a surau, and a resting area for participants' convenience and comfort throughout the event.



Mandatory Gears

Participants must carry a **headlamp and blinkers** during the race from 7 PM to 7 AM for safety.

- If you don't have a headlamp during the race, we have to stop you from running at night for safety reason.

- Your result will show DQ.





MANDATORY GEARS



HEADLAMP



BLINKERS



MANDATORY GEARS (7 PM – 7 AM)

- HEADLAMP
- BLINKERS

RECOMMENDED GEARS

- MOBILE PHONE
- RAIN JACKET
- HAT
- PERSONAL BOWL, SPOON & FORK
- PERSONAL CUP / COLLAPSIBLE CUP (WE WILL NOT PROVIDE CUPS AT AID STATION).

- A MANDATORY ITEM CHECK WILL BE CONDUCTED PRIOR TO RACE PACK COLLECTION AND AT RANDOM INTERVALS DURING THE RACE.

- PARTICIPANTS WHO DO NOT COMPLY WITH THE MANDATORY ITEM LIST MAY INCUR PENALTIES OR DQ.

- ALL DECISIONS MADE BY THE ORGANIZERS ARE FINAL AND AT THEIR DISCRETION.

Safety Precautions

- The organizer will have the right to stop the race in the event of bad weather, heavy rain and lightning. Participants need to follow crew/marshal instructions during the race, if the weather turns bad with rain and lightning, please stop running and find shelter around the park as soon as possible. Please don't hide under trees in the park, it's not safe.
- The organiser may suspend the race in case of bad weather (rain and lightning).



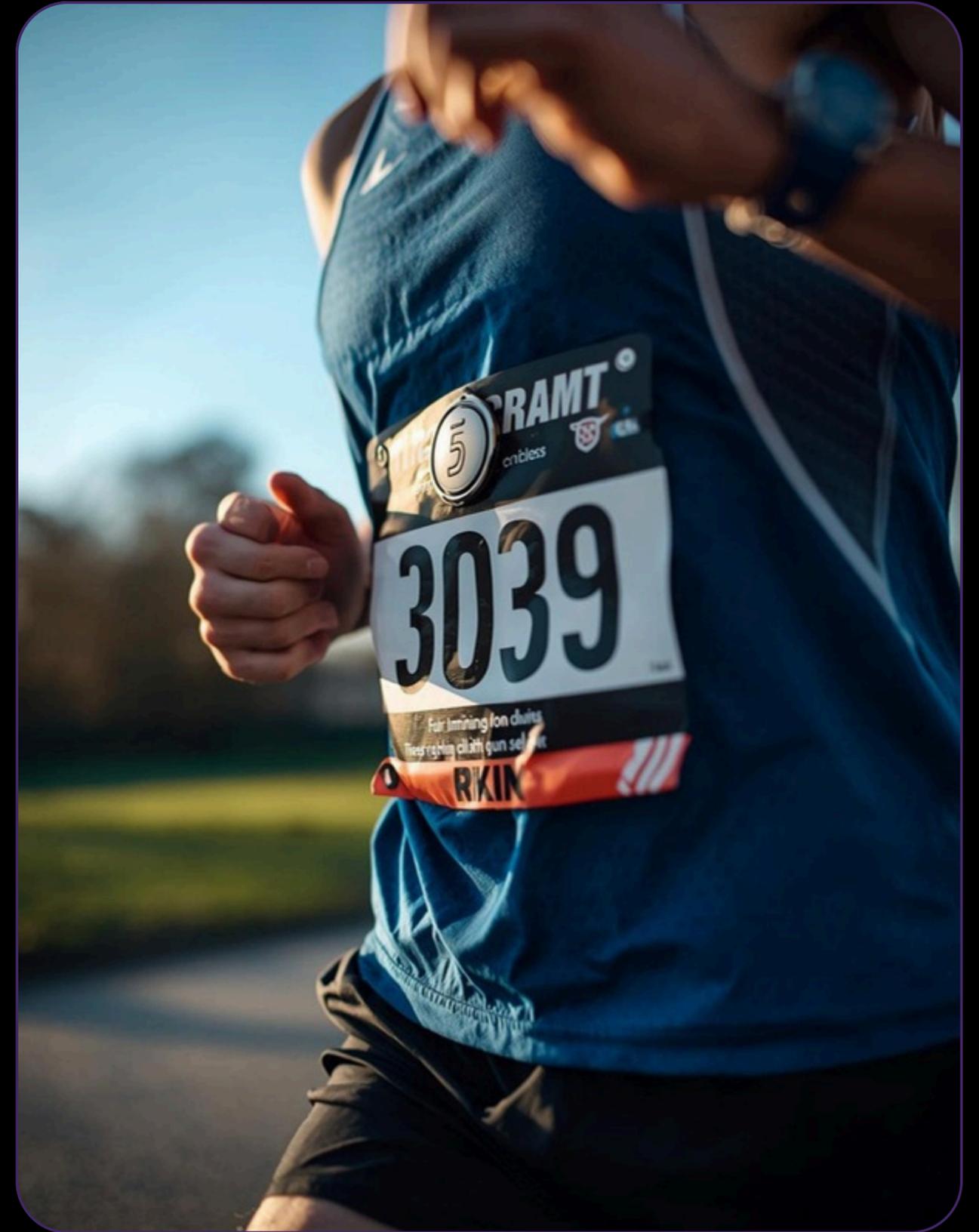
Bring Your Own Bottles (BYOB)

- To support the **Go-Green campaign**, please bring your own cups and bottles for hydration during the race.
- There will be tables to put your bottles at race venue. Please label your bottle with your bib number & name.
- Please keep clean and don't throw rubbish on the route during the race.
- Participants will be immediately disqualified (DQ) if found throwing rubbish around the park.



Race Timing

- Each participant will receive a bib with a timing chip to track race progress accurately.
- Please make sure you cross the timing mat.
- There will be screen/monitor at start/finish line for you to track the race progress every time you pass the timing mat.
- There will be two timing station during this event. One in the start/finish area, another on at half way timing checkpoint in the park.

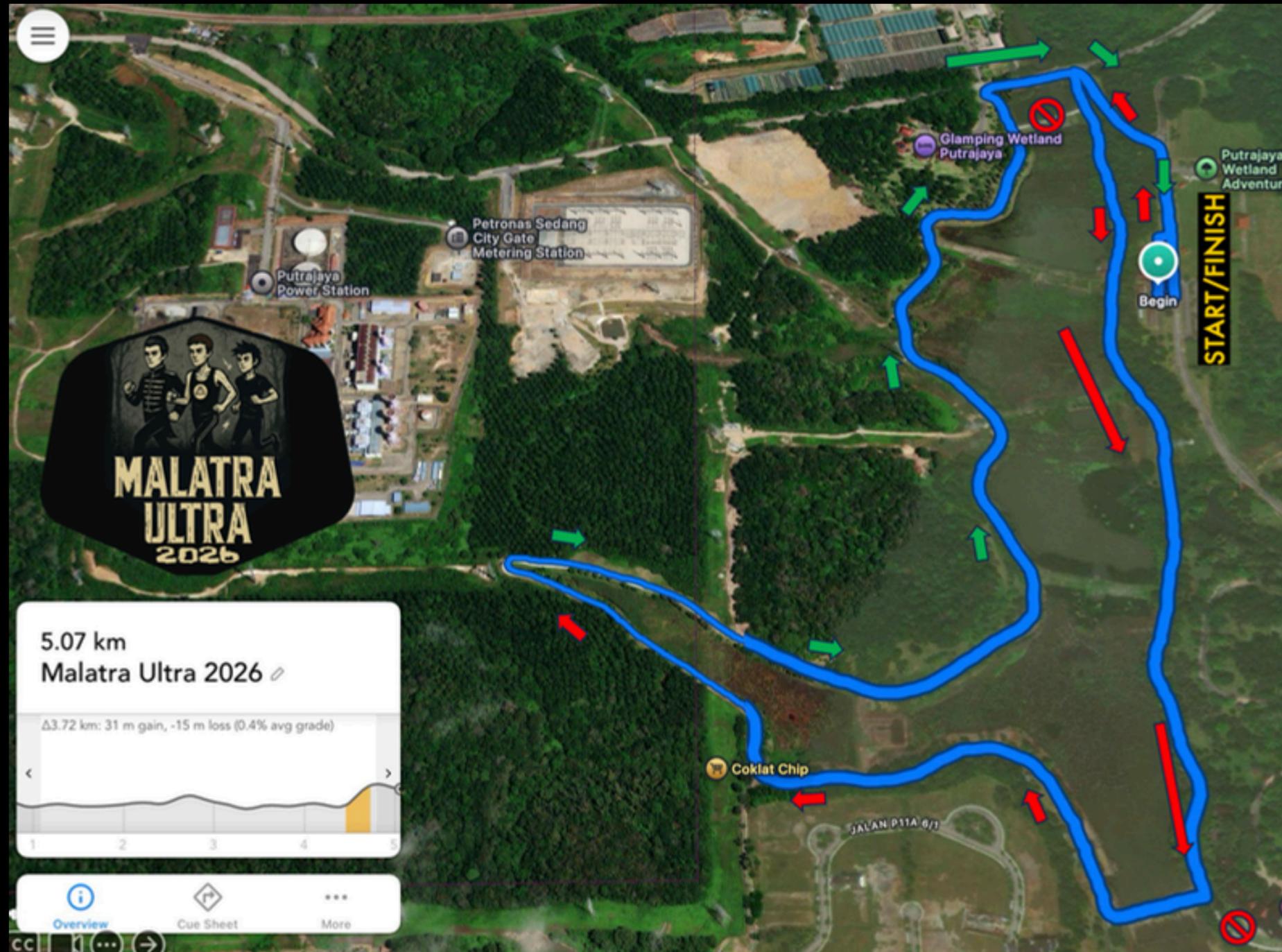


Food & Drink Station

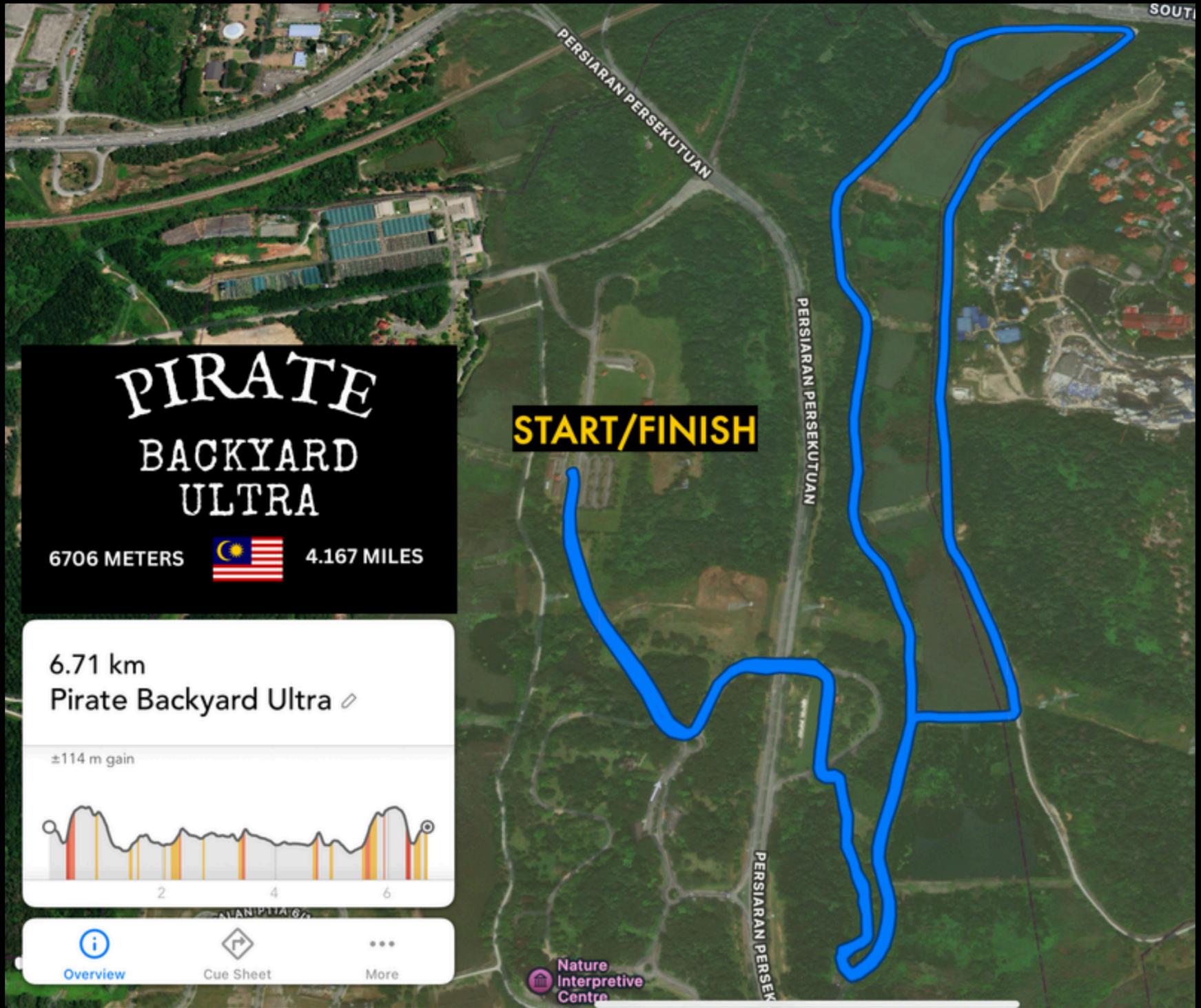
- A designated area will provide hydration and snacks exclusively for registered runners, ensuring their energy throughout the race.
- Supporters and race audience are NOT allowed to enter this station.
- Food and drink are only for registered runners.
- There will be a free flow of Water, Isotonic and Hot Water. In addition, free flow of fruits will also be available.
- You are welcome to bring your own food for the race, please make sure you label your food (container) with your bib number & name.



Route Map Malatra Ultra



Route Map Backyard Ultra



Notes On Backyard Ultra

- The concept of Backyard Ultra is more than 50 years old. Created by Gary Cantrell, a.k.a Lazarus Lake, the man behind The Barkley Marathon. 4 miles in under an hour, every hour, until only one person could complete the run. 4.1666667 miles (6.706km) an hour would come out to an exact 100 miles each day.
- The Pirate Backyard Ultra is a form of ultramarathon race where competitors must consecutively run a 6.7km lap of a pre-determined course in less than one hour. When each lap is completed, the remaining time within the hour is typically used to recover for the next hour's race.
- Pirate Backyard Ultra will start at exactly 7:00 AM, 31 Jan 2026.
- Exactly one hour after Pirate Backyard Ultra's first lap (8.00 AM), the competitors must run the next 6.7km lap with a one-hour window for completion. These distance loops are repeated hourly. The race ends when only one person is remaining on course and they complete their final 6.7km loop and cross the finish line.
- The distance the runners race each hour is set at 6.7 km. The total distance run by a competitor who completes 24 hours is exactly 160km (100 miles). The race will end when the last runner completes a solo loop within the allotted time.
- Runners will have 1 hour to complete the 6.7KM loop and be at the start line ready to go again exactly one hour after the previous loop. You must complete each loop before the clock reaches the next hour, for example, 9:59:59 is ok but 10:00:00 is DNF.
- 3, 2, and 1-minute warnings are given before the start of a new loop.
- If a runner does not start a loop on time, they are disqualified. No late starts once the bell is rung. You must start each loop on time and be gone from the start area within 1 minute or you are DNF.
- Runners cannot leave the course or receive aid during a loop.
- The winner is the last runner to complete a loop. All other runners are DNF. If no runner completes one more loop than all other runners, there is no winner.
- Each loop must be completed within an hour to be counted... including the final lap.

Backyard Ultra Rules & Regulations

1. Runners must stay on the course once the bell is rung, the runners cannot visit their crew, their tent, their vehicle or receive aid from anyone.
2. The only reason for leaving the course once the bell is rung is to use the porta-potty, or to relieve yourself in the forest.
3. Once you finish your loop you may choose to do what you want, but must be back in the starting corral before the bell rings.
4. Runners can provide their own aid/support station. There will be a space next to the Start/Finish line to set up a chair, cooler, and other small personal items. A camp area will be close by where you may set up a tent.
5. No Pacer allowed on the course.
6. No trekking poles is permitted.
7. Participants need to carry all mandatory items with them.
8. No participants are allowed to start without a working headlamp (in the dark).
9. Switch off the headlamp In the dark will be disqualified.
10. Late start is not allowed.
11. Participants will need to follow the designed directions.
12. All participants is allowed to have their support crews.
13. Participants may carry their food and drinks before the flag-off, but no assistance will be allowed during the loop.
14. No umbrella is permitted.
15. Timing - PBU loops will not be officially timed.
16. Winner/Results
 - The winner is the last person to complete a loop.
 - All others are technically DNF.
 - Results of each runner in terms of distance covered are to be given.
 - If no runner can complete one more loop than anyone else, there is no winner.

Backyard Ultra Past Champions

MALATRA *Past Winner* BACKYARD ULTRA

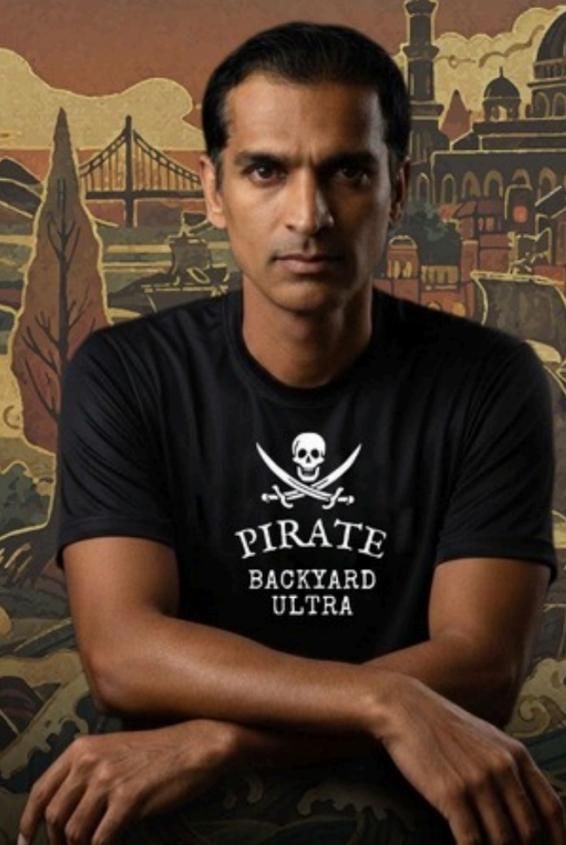
Abdul Rashid



2023
ABDUL RASHID
18 LOOPS - 120.6KM
ASSISTED BY ASRAF GHAZALI

MALATRA *Past Winner* BACKYARD ULTRA

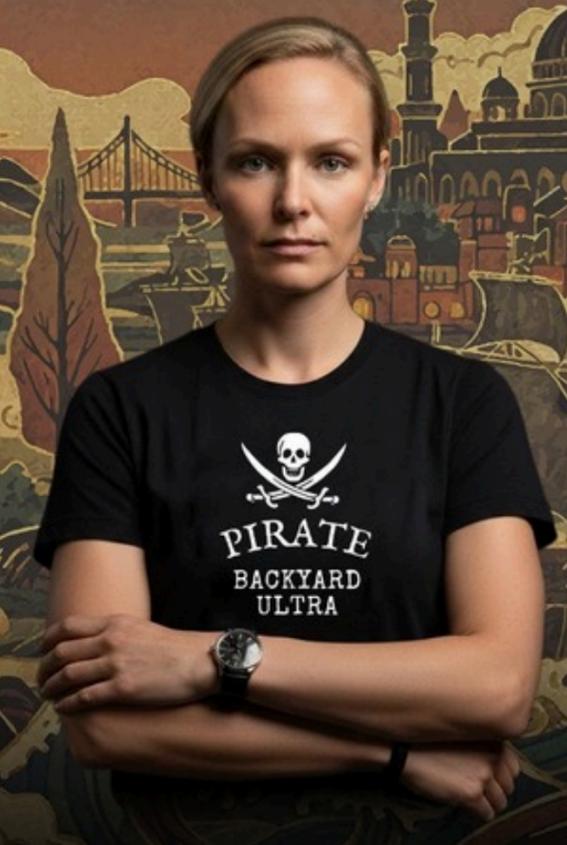
David Christopher



2024
DAVID CHRISTOPHER
18 LOOPS - 120.6KM
ASSISTED BY RAMDAN MOHD ALI

MALATRA *Past Winner* BACKYARD ULTRA

Carly Bamforth



2025
CARLY BAMFORTH
21 LOOPS - 140.7KM
ASSISTED BY MAN KIDALL

MALATRA ULTRA 2026 RACE VILLAGE

Malatra Ultra &
Backyard Ultra

Date : 31 Jan – 2 Feb 2026

Waze :

Pusat Aktiviti Luar, Padang
Semarak,

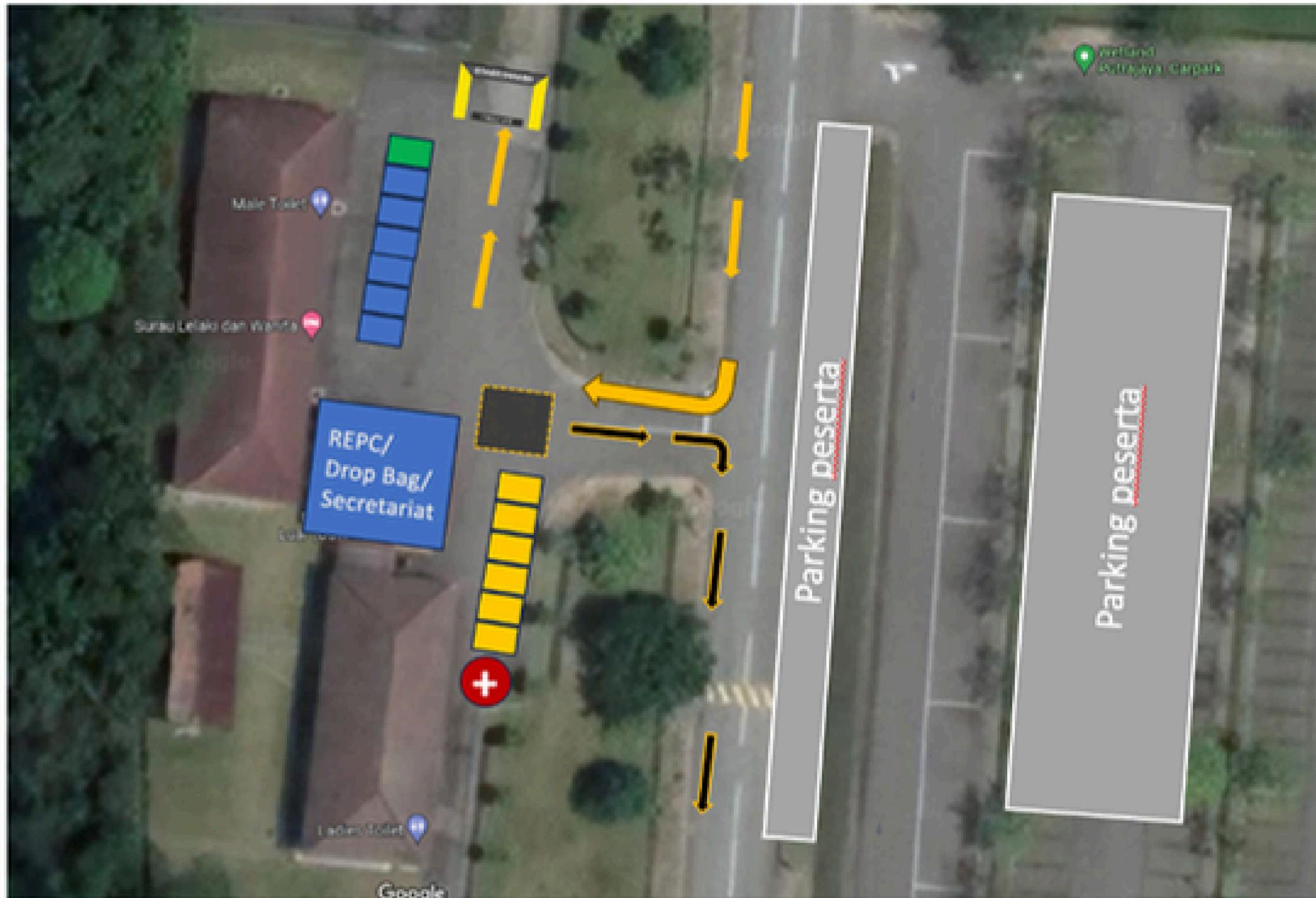
Taman Wetland Putrajaya, Precint
13, PUTRAJAYA.

Legend :

 Race Village



MALATRA ULTRA 2026 RACE VILLAGE LAYOUT



Legend:

-  START/FINISH for Backyard Ultra
-  Parking Peserta
-  CPS & Command Centre
-  F&B Tent
-  Rest Area for Backyard Ultra
-  Medic
-  Movement of Participant (Backyard Ultra)
-  Movement of Participant (MU 2026)

MALATRA ULTRA 2026 RACE VILLAGE LAYOUT



REPC/Secretariat Area



Race Village

Malatra Events

Our Team



RD - RaY



Race Manager - Dafi



Masters of Ceremony -
Jannah



Recovery Manager
Erwin MedgelX

